

3.

HOW WAS THE QUESTION MARK BORN?

HOW DID THE QUESTION MARK GROW INTO A QUESTION?

-FIRST STORY-

INTRODUCTION

....no claim has a weight that cannot be overcome ... providing ready answers and solutions only increase the position and potential for conflict..how do I overcome my beliefs and what opportunities can open from them... does varying, that is, continuous overcoming of the existing, lose anything at all ... how can one strengthen in order to be able to cope with the new, the changeable, the flow, the transient this work is also what stimulates readers like the necklace of questions as answers in a series of incentives written in the text ...some of the possibilities of working with the NACQ method in the cognitive process ... here in the focus, are the records from the process of the group Determination of decisions... about awakening and creations of curiosity ... about the Universe and beyond ... about questions as answers ... about the navel...

1.

It was raining, and boring, the boring way it can be when it rains. It was during the time when the Creator of the world was bored (does some one like that exist?), lying stretched out on the ground, because there wasn't anything else or anyone else other than him on planet Earth. Out of pure narcissism, wanting to show off, not knowing who he was even showing off from, he drew a large circle around himself using his nail; so that he had black build up under his nail. Therefore, isn't the black under his nail his first creation? Of course, like all powerful people, he didn't want anyone to know that he created the black under his nail because of some kind of benefits.

What benefit could the Creator have from black under his nails?

When he was mired in a muddy land without an umbrella, because the umbrella had not yet been created, he spread his arms to the height of his head, touching the circle. This made him stretch out, close his eyes, and sleep through the rain. *His face was fairly expressionless and fairly wide, enough for the rain to have space to come down.*

2.

From the chin to the top of his forehead and the lower roots of his hair, the tenth part of his overall height, measured by Vitruvius. His open fist, from his wrist to the tip of his middle finger, was of equal size to his face. Face to fist, fist to face. Fist to face, face to fist. Aren't these two main structures of someone's presence? What about the back? It isn't seen right away so that it can eliminate other unseen things?

All body parts, that are symmetrically arranged, invoke peace. Is it not rather that all body parts, that are symmetrically arranged, cause discomfort to individuality?

The Creator in mud, asleep in the rain .! (period exclamation mark) Why am I so uncertain whether I should add a period or an exclamation mark after this sentence?

More than eleven centuries before Christ, someone in China created an umbrella. Did this person get their inspiration by being in the mud with the sprawled out Creator?

3.

Even the people in ancient Thebes, Neva and Persopolis used umbrellas. The first collapsible umbrella is remembered in the mid-nineteenth century in England, thanks to the invention of Henry Holland who introduced the steel wires and Samuel Fox who furtherly refined the invention. Aren't they then the Creators of umbrellas? Who should this invention be attributed to? Who is the Creator in the mud of the sprawled out Creator?

4.

The motive was later, at the end of the fifteenth century, drawn by Leonardo from Vicia. An ink drawing of this man, lying or standing, but without mud, is shown in two overlapping positions; in one drawing the man has his arms spread open, and in the other, his arms and legs are spread open, around which there are circles and squares described at the same time. Those are the proportions of a man – over time we have come to understand that this the ideal position of man. If we were to lay a man down on his back with his arms and legs spread out and then „stick“ a compass into his navel, his fingers and toes would touch the circle described from the navel. The center point of the human body is, naturally, the navel.

And with that sentence: **The center point of the human body is naturally the navel-** I started the first meeting of the group I called **Determination of decisions**. I wanted to examine how much a decision is the result of determination or a product of something else. How do we decide? Why do we decide?

5.

I set the task simply: Ask questions by reflecting the statement that was read within a ten minute interval. The seven participants in the group, students from different study groups at the University of Zadar / Croatia, during that time interval, wrote down a total of 115 questions, none of which had been repeated. Are there really that many questions hidden in this sentence? Does the navel, as the center of the human body, open up so many questions? Don't the 115 different questions that were written down confirm the individuality of each brain? Does that mean that there are no two men with the same brain?

Let's check the creation of individuality by asking questions so that the following question is actually an answer to the previously asked question. In this way, the answer-question becomes the question asked which needs another question as the answer. This creates a series that leads us into the unknown, leaving the first sentence behind.

6.

The same sentence was offered, but written differently.

The center point of the human body is naturally the navel.

The analysis showed that in the same ten-minute period, the group asked a total of 113 questions, two less than the first time. It is important to note that this chain of questions was directed towards getting a reply. When the question is answered with a question-answer it's as if new doors open to unknown spaces, so it is curiously explored further. Mentioned above, the numerous questions that arise from the written sentence do not give answers to questions or direct ones thoughts. A man simply asks. This described manner creates the response-with a question. The following is the first question that opened up a series of questions and the last question-answer so that we can see where the series brought the participants in the end.

1. *Which body is the navel a central point of? ---- What does it mean to have meaning?*
2. *What is the link between the point and the navel?---- Do all words need to be „perfect“, without written smudges?*
3. *The navel is a point?---- Is every old man sitting an indigene?*
4. *What body?---- What does desire mean?*
5. *What points of the human body?---- Do the points create a being?*
6. *Why are „point“ and „navel“ written in red, if in reality, they aren't red?---- What is this fear (fear of what is in one's brain) connected with?*
7. *What is the navel a central point of?---- We exist from the time we remember?*

It is easy to notice that the range of questions and answers took each participant in his or her own direction, even though they started with the same sentence. Isn't that another confirmation of the uniqueness of one's flow of thoughts - their strong individuality.

7.

For a clearer presentation of this process, I bring one person's necklace of questions: What is the navel a central point of? Isn't it the center of a human body? What body is it the central point of? Is it the central part of my, yours, his, human body? Which is mine, yours, his, human body? Is it the body that each of us owns? How do we own our body? Do we get the body that we own at birth? What else do we get at birth? At birth we get life, don't we? What does it mean to get life? Does getting life mean to live? Do we live the life we

received? What does it mean to live? Does it mean to exist? We exist from the time we remember?

If we pay attention to the last question-answer: *We exist from the time we remember?*, we exist for a shorter time than we live. Note that the last question is formulated as a statement. Here, the question mark was equally positioned and placed with a sentence. Here the question mark does not end a questionable sentence. Is it the intent or the mistake of a person who set this answer with a question?

8.

Why is man a source of proportionality for architectural effects?

Why does a drawing of ideal human proportions show a male figure?

Didn't the Creator then, with black under his nails, the Man in the Circle, lay down the law by his own proportions?

Perhaps the Creator was created by some kind of freak?

9.

It was hard to see how much of something the sprawled out one had beneath him; it wasn't possible to determine what kind of surface he was lying on. It was believed, and people spread the word, that he was laying on the plate of the earth. Even the clergy ran to find out all about it. What were they supposed to find out?

Something about belief or knowledge? Isn't belief like knowledge? Isn't knowledge inseparable from belief? Isn't belief inseparable from knowledge? How much is knowledge, in fact, the belief that was adopted? What exactly is knowledge? Where is this riddle leading us?

Is there a more adequate formulation of responses than responses with questions?

10.

Wasn't the plate with the intricate Creator more of a plate with something indigestible?

Not wanting to bite into the meal he asks and the others join him, is the Earth a plate? Isn't the earth shaped as a ball?

And this stupid question shook up everyone. They got excited and ran around, primarily to defend old learning. Close up the curious and leave them in the dark with their questions— this is how the rulers always decided when worrying about order and peace. Whose?

Everyone is excited? One side is arresting, others were arrested. People need peace and order – this is how people who carry out the law explain it. Whose law? And then he tells us that the Earth revolves around the sun – Oh no you won't said the Church, and the rest is history.

11.

A conversation between five-year-old Edith and her father

- Dad, is the Universe infinite?

- That's a good question. Honestly, we don't know that, but a lot of people believe that everything that exists in the Universe was once cramped into a really small space. When a huge explosion occurred, the Universe began to expand and grow bigger and bigger. I think that, if the Universe was able to grow that big, there has to be something located beyond the Universe. So, the Universe isn't infinite, it's just really, really big.

- So, what's beyond the Universe?

- Good question. A lot of smart people think about that. Honestly, we don't exactly know that. Unfortunately, we can't see what is beyond the Universe because our binoculars aren't able to see that far.

- Why don't we embark on a spaceship and fly a hundred years, in one direction, to see what's beyond the Universe?

- Great idea. Unfortunately, people don't live long enough to do that. Our spaceships aren't fast enough. Even if we traveled a hundred years in one direction, we wouldn't make it to the edge of the Universe. The Universe is just too big. Besides, the Universe expands faster than spaceships can fly.

- Ok, dad, but then that simply means: If we cannot reach the end of the Universe, then, for us it is infinite.

12.

Do you know what is at the end of the Universe? What lies beyond the Universe?

It was clear that somehow it was necessary to mark what the disturbers were doing, depending on where, when, who, how – they drew a question. Why do people always and immediately defend the known? The drawing originated and began to multiply. The line realized that by curving, from point to point, that it could be pulled everywhere, to nest again wherever it may arrive. Questions were raised all over the world, both in height and depth, in width and length. Questions arised especially in places where people tried to give answers. The questions spread, bringing the Answers and everything around them into question.

Didn't Vitruvius do more for mankind than the one by which the years are counted by?

Who will count all the imprisoned and burned by the commandments of those who ruled everywhere while maintaining human superstition?

13.

The Creator and Creators carry curiosity to the unknown. The known is unknown. As soon as something is discovered, something unexplored is imposed, and thus, one after the other, a necklace of curiosity is created. Doesn't the tool that creativity uses need to be questioned?

Isn't the necklace of questions that is answered with questions a part of curiosity? What was the first question of the Creator of the world? How to clean the black stuff from under nails?

Didn't it all begin by him moving his finger across the mud?

So, is this guy from the beginning lying on a plate or a ball?

14.

„Earth is just one of the planets circling the sun“, sensed Copernicus.

Copernicus was lucky enough to announce his discovery towards the end of his life, so inquisition didn't get a chance to calm him and publicly embarrass him.

He published his heliocentric system some thousand and seven hundred and fifty years after the birth of Vitruvius.

The Sun at the Center of the Universe. Aren't the images that this discovery brings us soaked with light? Isn't this a poetic detail of nature?

The Earth rotates around the sun, and it turns on its axis.

If a man rotates around oneself, he gets dizzy and loses balance. How is it with the Earth? Does the Earth lose its balance? Isn't the Earth the part of the world that means to create? Does creating mean to act positively? At the time of creating, is the creator aware of the consequences of his act?

Isn't «create», a verb that doesn't put up with evaluation?

15.

Let's go back to the first umbrella, as a symbol of protection (bad) weather. How can rain be a disaster? Isn't this the assessing of habits that we need to release? Isn't rain actually good weather? Does everything begin with the one sprawled out in the mud with black under his nails and the umbrella?

Can we start ticking time from then?

The Creator created, and the Creator creates, right?

Does he create sprawled out in the mud, in the rain, without an umbrella?

16.

We exist from the time we remember?, said the question mark. To check our questions-answers we let others read them; everyone in the group read all of the questions-answers from the second phase of the work, described in points six and seven.

Then we mixed them around so that each person would, without looking, pull out their own paper. Out of the questions on that paper, the participant had to choose one question and re-write it on a new piece of paper.

On the new piece of paper, the following sentence had already been printed: **The middle point of the human body is naturally the navel.**

The closely formed couples embarked into dialogue by recording it in a way that they answer their partner's question with a question and then the partner answers that question with a question—the answer continues the dialogue with its answers formed in question form and so on.

Here I quote, without further explanation, only one of the dialogues realized in the group of determination of decisions:

- *What is natural, what is unnatural?*
- **If natural is comprised of points, what is the unnatural comprised of?**
- Why would the natural be comprised out of points?
- **Isn't natural a matter, and isn't matter made out of points?**
- What if even matter is just an illusion?

Why wouldn't matter be an illusion?

If something is natural, can it be an illusion?

Who can determine what is natural and what is not?

Do you think that each man doesn't have what it takes to recognize what is natural and what is not?

The statement of the question mark would bring the following into question: **Do we remember from when we exist?**

17.

Can I cope with this flow of thoughts? What if I simply give in to the flow? Man is made out of more than seventy percent of water. Isn't flowing a natural state of water?

NACQ: NECKLACE OF ANSWERS CREATED WITH QUESTIONS or in Croatian KOP: KOLAJNA ODGOVORA PITANJEM, is a way to help strengthen and orientate in flow, changeability, transience. These are essential determinants of our existence and our condition aren't they? The creators of the necklace of questions often play and while doing so create the most beautiful, quite surprising, details of this creation. It is those questions that surprise the author, his own personality, encouraged by change, flow and transience. The states of water and their effects on us, surprising us, blocking us – freezing, boiling, foggy, sleet, etc. need to be reconstructed and recaptured by the natural flow of water.

18.

Reading, once again, all the questions-answers that the individual created in conversation with himself or in a dialogue with a partner, he stopped at those which, while reading, were imposed, so to speak, the ones that were *sticking* to the person.

This is how the **little thoughts of man** were created. I quote all seven of the little thoughts of man:

Does the human body have a central point? What does the human body mean to the navel? Why does a body have to have a central point? Does the human body have something that is unnaturally determined? What part of the human body is not a central point?

How does my deaf friend hear when I am approaching? Are other people important to me? Does goodness have meaning?

Is every new experience positive for man? If I'm sitting, am I a sitter? Is every old man that is sitting an indigene? Is the front side of the body more important than the back?

Why is it important to know what the central part of the human body is? Why are navels different from man to man? Why was the navel named navel? How can we ever know what's going on in someone else's brain? Why doesn't everything that happens in the human brain come to the surface? Why don't people say everything? Why do people hide things and lie?

Whose thesis is this? Is this statement important? Am I supposed to know this? What if I don't think so? Why does a doctor, by his own will, decide what my navel will look like? What if it wasn't cut off well and dust starts to collect in it? Why were those two words written in red? Why do those two words look like some kind of danger, warning or threat? Why did those two words get such importance to be written in a different color?

Do you try to be? What is my strength? What does it mean to give up? Why is there no spite within me? What does desire mean? Will the umbilical cord ever break?

Is it related to Greek mythology, that is, the sanctuary in Delphi, where the so-called

„navel of the world“ or „omphalos“ is located? Can a navel be removed? Are there people who have removed their navel? Can the navel cause problems? Do points make a being?

Does the navel want to be a central point? What if the navel ceases to be the central point? How do we own our body? What does it mean to live? When do we exist from?

19.

I transferred the sentences in the way that they were written down. I noticed the emergence of a struggle to formulate the question and question-answers in a way that was clear and understandable to others. Words are fleeing, the sentences are

slim, questions are hidden, spelling and grammar are marveling at the fact of how something could be written so clumsily. Being without a sentence does not mean being without content, but it seems as if the content is escaping. The written sequence often leads to a change in perspective from which the answer is sought. Jumping from one direction to a completely different direction, often wandering in the direction of something that is bothering the person, but not yet formulated into a cognitive sentence or a knowledgeable sentence. This method stimulates cognition while revealing difficulties of the cognitive process. It is a complex process, an ability to create your own series of questions, so it's as if a person is struggling with the uncertainty of revealing in which direction he/she was heading. Questions are being created and each new question opens up a short-term retention because it's as if the insecurity forces further questioning. Behind a lot of the questions, we can find a real-life person facing his/her own questions, with their distress, being preoccupied by something.

Will the umbilical cord ever break? – is one of the questions from the series that follow the task but also illuminate the preoccupied person with some kind of personal challenge, with one's own torment.

Getting to such niches and awakening them opens up the opportunity to address them and untangle them. It started from somewhere, and without being seen nor planned, it found a hidden knot. However, when the knot was discovered, it was possible to move in the other direction and deal with the struggles of the individual.

The seven above-mentioned little thoughts of man offered me the Needle of thoughts which I am linking to this group, with the work completed up until this moment, just over four-hundred minutes in five days, spread over a three week period.

NEEDLE:

What point of the human body is not a central point?

How can my deaf friend hear me coming?

Is every new experience a positive one for man?

Why are navels different from person to person?

Why do those two words look like some kind of danger, warning or threat?

Where does my strength come from?

Will the umbilical cord ever break?

Do points make a human?

How do we own our own body?

At this point, I find it difficult to extract the healing purpose of the needle, but it is clear to me that the cognitive process has begun and that the healing will start to be shown. The rest of the work is planned by a change in technique, but retaining to the world of questions.

Questioning can arise by scrambling around the surface of a subject, but I'm interested in diving deeper and in that deepness, I want to find what motivates the person.

Even though I am using the terminology – needle, medicine, this does not mean that the NACQ method is intended solely for helping the sick. The processes of self-awareness and self-understanding of each of us help us establish the necessary balance, balance within ourselves as a prerequisite and to establish balance within the world we are moving around in.

The sequence are questions that are born, a necklace of questions in which the previous question is answered with a question-answer, the possibility of opening up dialogue, recognition of the journey that has been passed, formation of the little man, creation of the Needle, and recognizing the healing content of that Needle, a vaccine for that little man, empowerment for that Person.

The NACQ method acts like a drill when dealing with a subject, in a way that the created answers, with questions, take us to a completely new terrain where they play freely and creatively, playfully as well as the disconcerting ideas that we never dreamed of or that their realization was ever possible.

Some of the aspects of this kind of work will be found by the reader if he/she continues to read this book.
